

# WMU Health Services Plan

## Available to Community Blue PPO Participants at Sindecuse Health Center

**Editor's Note:** The following information was provided to **C. Dennis Simpson, WMU-AAUP Healthcare Advocate**, by **Carol Eddy, Executive Director, Sindecuse Health Center**. This information has previously been distributed as a **Bulletin** (April 2007), but we are reprinting it here so that our members may be aware of the services available to them at the Sindecuse Health Center.

<b>No copay or deductibles unless indicated – payroll deduction available.</b>	
Office Visits Includes: <ul style="list-style-type: none"> <li>• Health maintenance exams: <ul style="list-style-type: none"> <li>○ Gynecological exam with pap smear</li> <li>○ Mammogram screen referral</li> <li>○ Prostate specific antigen (PSA) test</li> </ul> </li> <li>• Office consultations</li> <li>• Same day care visits for illness or injury</li> <li>• Brief camp/sports physical</li> </ul>	Covered – 100%
Allergy injections	Covered – 100%
Immunizations, including travel	Many covered at 100%
Massage therapy – chair or table (no referral needed)	Total benefit = 12 visits/year with reimbursement maximum of \$70/visit; deductible applied
Physical therapy visits & supplies	Covered – 100%
Orthopedic surgeon/sports medicine/podiatry visits – <i>children welcome</i> (no referral needed)	Covered – 100%
Laboratory and radiology (x-ray) tests (with physician order)	Covered – 100% (excluding genetic testing)
Nutrition counseling (no referral needed)	Covered – 100%
Prescription drugs	Covered – with a three (3) tier copay @ \$5 savings per tier: <ul style="list-style-type: none"> <li>- Tier 1: Generic - \$10</li> <li>- Tier 2: Formulary brand - \$20</li> <li>- Tier 3: Non-formulary brand - \$30</li> </ul> Participates with BCBSM 90-day supply network.

For more information, see [www.sindecuse.com](http://www.sindecuse.com)